WE CLAIM:

- 1. A method of creating/terminating a connection associated with an end-to-end path defined through a communications network, the method comprising steps of:
 - triggering substantially parallel cross-connection download/undownload processes in each intermediate node of the end-to-end path; and
 - propagating a confirmation message indicative of successful completion of respective download/undownload processes in each intermediate node to an end-node of the path.
- 2. A method as claimed in claim 1, wherein the step of triggering substantially parallel cross-connection download/undownload processes comprises steps of:
 - propagating a trigger message hop-by-hop through the end-to-end path; and
 - at each intermediate node of the end-to-end path, upon receipt of the trigger message:
 - forwarding the trigger message to a next node of the path with minimum delay; and
 - initiating the download/undownload process.
- 3. A method as claimed in claim 1, wherein the step of propagating a confirmation message comprises, at each intermediate node of the end-to-end path, steps of:
 - receiving the confirmation message;
 - detecting successful completion of the respective download/undownload process; and

- forwarding the confirmation message to a next node of the path.
- 4. A method of downloading/undownloading a cross-connection through a node within an end-to-end path of a communications network, the method comprising steps of:
 - receiving a trigger message and a confirmation message from a first adjacent node of the end-to-end path;
 - forwarding the trigger message to a next adjacent node of the path with minimum delay;
 - triggering downloading/undownloading of the crossconnection; and
 - subsequently forwarding the confirmation message to the next adjacent node upon successful completion of the download/undownload.
- 5. A program for downlading/undownloading a cross-connection through a node within an end-to-end path of a communications network, the program being adapted to control the node for:
 - receiving a trigger message and a confirmation message from a first adjacent node of the end-to-end path;
 - forwarding the trigger message to a next adjacent node of the path with minimum delay;
 - triggering downloading/undownloading of the crossconnection; and

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subsequently forwarding the confirmation message to the next adjacent node upon successful completion of the download/undownload.